



# Clare-Digby Minor Hockey

INFORMATION FOR NEW PARENTS TO CDMHA



# Items to Be Covered

- ▶ 1. Who are we (Executive)
- ▶ 2. Various Divisions
- ▶ 3. Equipment Information
- ▶ 4. What is included in Registration
- ▶ 5. What to Expect on Day 1
- ▶ 6. Volunteering





# CDMHA Executive

## Name

Doug Jenkins

Darren Comeau

Jeremy Sanford

Joline Robicheau

Tia Manzer

Samara Harlow

Samuel Thompson

Josanne Deveau

Paulette Jenkins

Maria Hersey

Chris Hersey

Nancy Whalley

Sandra Sabine

## Position

President

Vice President – Clare

Past President

Risk Management

Secretary

Registrar

Coaching Coordinator

Female / Development

Canteen / Fundraising

Ice Scheduler

Equipment Coordinator

Communications

Treasurer

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# CDMHA Divisions in 2024-25

- ▶ U7 – Digby
- ▶ U7 – Clare
- ▶ U9 – Development (Clare/Digby)
- ▶ U9 – Intermediate (Clare/ Digby)
- ▶ U11C (Clare/ Digby)
- ▶ U11A (Clare/ Digby)
- ▶ U13C (Clare/ Digby)
- ▶ U13A (Clare/ Digby)
- ▶ U15C (Clare/ Digby)
- ▶ U18C (Clare/ Digby)



# Equipment Information

## Required Equipment

- ▶ Helmet with full face cage
- ▶ Neck Guard
- ▶ Chest Protector
- ▶ Elbow Pads
- ▶ Jock or Jill
- ▶ Shin Guards
- ▶ Hockey Pants
- ▶ Skates
- ▶ Gloves
- ▶ Hockey Stick
- ▶ Stick Tape
- ▶ Shin Guard Tape (if preferred)
- ▶ Hockey Bag
- ▶ Water Bottle with Extended Tip
- ▶ \*\*In U7, you receive socks and a Timbits jersey\*\*









# U7 Timbit Jersey & Socks

- ▶ Tim Horton's will provide a jersey and hockey socks. Team managers or executive personnel will distribute these at the first ice time
- ▶ These are for team practices and can be kept at the end of the season

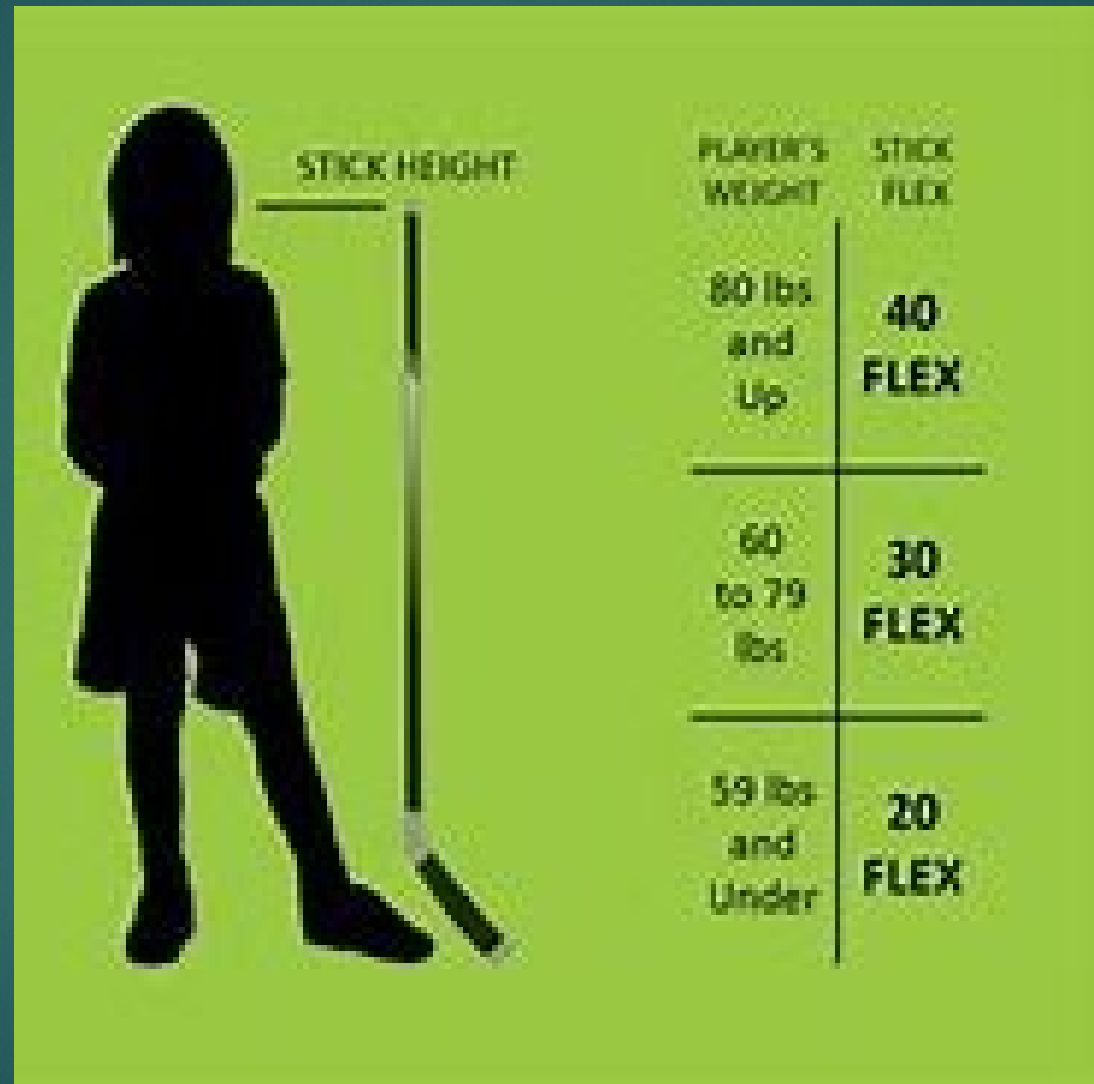


# Equipment Information

## Hockey Sticks

- ▶ Without skates on, should reach the nose
- ▶ With skates on, should reach the chin
- ▶ A \$400 hockey stick is not required for U7









# Equipment Information

## Hockey Skates

- ▶ General rule, you want to get hockey skates 1 to 2 sizes smaller than your shoe size
- ▶ For youth sizes, you should be able to place one finger between the inside of the boot and the heel of the foot
- ▶ You can allow a bit more room for children who grow faster
- ▶ It is important to get your skates sharpened prior to your first skate
- ▶ New skates do not come sharpened





# Equipment Information

## Helmet

- ▶ Must be a CSA approved helmet and cage
- ▶ Bike helmets and other types of helmets are not permitted on the ice
- ▶ A cage is required in all divisions until a player turns 18
- ▶ Please put your child's name across the top front of their helmet. This makes it much easier for the coaches





# Where to Purchase Equipment

- ▶ Canadian Tire, Wal-Mart, Cleve's Source for Sports, Sport Chek
- ▶ Online: Amazon.ca, Hockey Monkey, Facebook Marketplace, etc.
- ▶ Our Association has some gear available for free





# Registration Fees

## Pays for:

- ▶ Ice Time
- ▶ Insurance
- ▶ Jerseys
- ▶ Officials
- ▶ Equipment





# Volunteering

- ▶ We are always looking for people to help out!
- ▶ If you are interested in coaching, please contact our Coaching Coordinator, and they will instruct you on the process to get properly certified
- ▶ If you would like to volunteer in any other capacity, please feel free to reach out to any board member
- ▶ Also free to reach out anytime you have any questions